

**Alzheimer's Association (National Website)**

[www.alz.org](http://www.alz.org)

24/7 Helpline: 800-272-3900 Provides reliable information and support to people with memory loss, caregivers, health care professionals and the public. Consultations are provided by master's level clinicians; and translation services featuring over 140 languages and dialects are available.

**Alzheimer's Association (North Carolina)**

The Alzheimer's Association - Eastern North Carolina serves the following counties:

Beaufort	Gates	Orange
Bertie	Granville	Pamlico
Bladen	Greene	Pasquotank
Brunswick	Halifax	Pender
Camden	Harnett	Perquimans
Carteret	Hertford	Person
Chatham	Hoke	Pitt
Chowan	Hyde	Robeson
Columbus	Johnston	Sampson
Craven	Jones	Scotland
Cumberland	Jones	Tyrrell
Currituck	Lenoir	Vance
Dare	Martin	Wake
Duplin	Nash	Warren
Durham	New Hanover	Washington
Edgecombe	Northhampton	Wayne
Franklin	Onslow	Wilson

[www.als.org/nc](http://www.als.org/nc)

**Alzheimer's Association Support Groups (North Carolina)**

*Cumberland County*

Meets first Thursday from 6:30 - 8:00 PM at Carillon Assisted Living, Fayetteville

*Durham County*

Meets third Thursday from 7:00 - 8:30 PM at Southside Church of Christ, Durham

Details TBA at Croasdaile Village, Durham beginning September, 2013

*Johnston County*

Meets third Thursday from 6:00-7:30 PM at First Baptist Church, Smithfield

*Nash County*

Meets fourth Thursday from 6:00 - 7:30 PM at Spring Arbor, Rocky Mount

*New Hanover County*

Meets second Wednesday from 2:00 - 3:30 PM at Champions Assisted Living, Wilmington

Meets fourth Wednesday from 2:00 - 3:30 PM at St. Paul's Episcopal Church, Wilmington

Meets third Monday from 1:30 - 3:00 PM at New Hanover County Senior Resource Center, Wilmington

*Orange County*

Meets third Wednesday from 3:00 - 4:30 PM at Clare Bridge in Chapel Hill

*Wake County*

Meets first Wednesday from 10:00 - 11:30 AM at St. John's Episcopal Church, Wake Forest

Meets second Monday from 6:30 - 8:00 PM at Alzheimer's Association Office

Meets third Tuesday from 6:30 - 8:00 PM at North Raleigh United Methodist Church, Raleigh

### Caregiver Telephone Support Group

Meets first Monday from 4:00 - 5:30 PM. Call 1.800.272.3900 for more information about joining this group.

### North Carolina Division of Aging and Adult Services

<http://www.ncdhhs.gov/aging/>

### North Carolina Silver Alert System

<https://www.nccrimecontrol.org/Index2.cfm?a=000003,000014,000081,001670>

To help protect an increasing population of individuals that suffer from dementia or other cognitive impairment, North Carolina developed the Silver Alert program to quickly locate missing persons who may be endangered.

The Silver Alert program was designed to quickly disseminate descriptive information about the missing person, so that citizens in the affected area can be on the lookout for the endangered person and notify local law enforcement with any relevant information. The program is a cooperative effort among local and state law enforcement and the N.C. Center for Missing Persons, with voluntary participation by radio and television broadcasters and the N.C. Department of Transportation.

Specific health information about the missing person is not publicized through the alert, or otherwise, in order to protect the missing from potential abuse, harm or exploitation.

Although a few other states have implemented similar programs to locate missing endangered adults, the Silver Alert program is unique to North Carolina and only one of three designed to help cognitively impaired persons. The North Carolina General Assembly formally established the program in 2007 by General Statute § 143B-499.8; it is operated through the N.C. Center for Missing Persons.

#### Criteria

ALL of the following statutory criteria must be met before the N.C. Center for Missing Persons will activate a Silver Alert:

- The person is believed to be suffering from dementia or other cognitive impairment- regardless of age
- The person is believed to be missing – regardless of circumstance
- A legal custodian of the missing person has submitted a missing person's report to the local law enforcement agency where the person went missing
- Law enforcement reports the incident to the NC Center for Missing Persons

**The North Carolina Center for Missing Persons is the only agency that can activate a Silver Alert and will do so ONLY at the request of an investigating law enforcement agency.** It is then the responsibility of the center to determine whether there is sufficient identifying data to justify a Silver Alert activation.

#### Procedures

##### Step 1 - Local Law Enforcement Investigates

When a family member or caregiver calls local law enforcement to report their missing loved one, the law enforcement agency must first investigate the case and determine if the criteria warrant a request for a Silver Alert. According to North Carolina law, a Silver Alert can only be issued if all of the criteria are met (see above).

##### Step 2 - Local Law Enforcement Calls NC Center for Missing Persons

After completing the investigation and determining the case meets the qualifying criteria, law enforcement will call the NC Center for Missing Persons (an agency within the Department of Crime Control and Public Safety) to request a Silver Alert. The law enforcement agency will send completed Silver Alert forms to the center outlining the necessary information about the missing person.

**Step 3 - NC Missing Persons Center Issues Silver Alert**

The center and investigating law enforcement agency work together to notify the surrounding community about the missing person.

Law Enforcement Responsibilities

- Enter information into the National Criminal Information Center system
- Initiate a statewide "be on the lookout" bulletin to all appropriate law enforcement agencies
- Provide a 24-hour phone number to receive calls during the investigation
- Activate phone calls in the immediate area using a type of reverse 911 calling system. (Using the A Child is Missing program, law enforcement can notify 1,000 businesses and/or residents each minute)
- Notify the National Center for Missing & Exploited Children (if the person is 21 or younger)

NC Center for Missing Persons Responsibilities

- Update information on the department's web site
- Notify the local media about the missing person (including pictures when possible)
- Request the NCDOT to activate highway message signs (if appropriate)

Once the missing person has been located, the local law enforcement agency will notify the NC Center of Missing Persons, who will cancel the Silver Alert.

Silver Alert brochure:

<https://www.nccrimecontrol.org/div/ale/missingpersons/SilverAlertBrochure3c.pdf>

**Project Care: Caregiver Alternatives to Running on Empty**

<http://www.ncdhhs.gov/aging/ncprojectcare.htm>

As the only state funded dementia-specific support for family caregivers, Project C.A.R.E. ("Caregiver Alternatives to Running on Empty") uses a family consultant model to provide comprehensive support to caregivers. Through the integration of dementia-capable services and the development of family-centered and caregiver-focused community care networks, Project C.A.R.E. helps create a seamless, coordinated delivery system that is responsive to the needs, values and preferences of Alzheimer's families.

Recognizing the importance of reaching individuals with Alzheimer's disease and their family caregivers throughout North Carolina, the Division of Aging and Adult Services is revising its approach to offer **Project C.A.R.E** throughout all 100 counties of the state. State-wide coverage meets the long-term program objective of providing support for the significant increase in the number of caregivers of those with Alzheimer's and related dementias and thereby helping individuals and families avoid or delay use of more costly formal interventions, including placement in long-term care facilities.

The three Project C.A.R.E. Family Consultants (Dementia Capable Specialists) are located as follows:

***Western Offices:***

Family Consultant: Nancy Hogan, Western NC Project C.A.R.E., Land-of-Sky Regional Council Area Agency on Aging, 339 New Leicester Hwy, Suite 140, Asheville, NC.

Phone: (828) 251-7485

Email: [nancy@landofsky.org](mailto:nancy@landofsky.org)

Website: <http://landofsky.org/projectcare.html>

**Central NC Office:**

Family Consultant: Bobbi Matchar, Central NC Project C.A.R.E, Duke Family Support Program, Duke University Center for the Study of Aging and Human Development, 3600 DUMC, Durham, NC 27710.  
Phone: 919-660-7510 or 800-646-2028.

Email: [bobbi.matchar@duke.edu](mailto:bobbi.matchar@duke.edu)

Website: <http://www.dukefamilysupport.org/>

**Eastern NC Office:**

Family Consultant: Rosalind Pugh, Eastern NC Project C.A.R.E., Alzheimer's North Carolina, 2245 Stantonsburg Rd, Suite C, Greenville, NC 27834  
Phone: (252) 355-0054 or (252) 842-2009

Email: [rpugh@alznc.org](mailto:rpugh@alznc.org)

Website: <http://www.alznc.org/>

In addition, families in Mecklenburg County have access to trained Project C.A.R.E dementia specialists who provide supports through "Just One Call" at (704) 432-1111 or by contacting Patricia Mayhew, Adult Services Supervisor at [patricia.mayhew@mecklenburgcountync.gov](mailto:patricia.mayhew@mecklenburgcountync.gov).

**Services Provided**

1. Care Management: Offering persons with dementia and their caregivers (phone and face-to-face) counseling, care consultation, dementia-specific information, caregiver assessments, caregiver education and connections to strong social support networks;
2. Information and Referral: Connecting families with available community resources in an attempt to meet unmet needs of family caregivers. This includes but is not limited to local support groups, supportive services, entitlement programs and other community resources.
3. As appropriate, offering individual caregivers evidence-based and evidence-informed programs, as appropriate, such as REACH (Resources for Enhancing Alzheimer's Caregiver Health), and referring families to other resources;
4. Partnering with each Area Agency on Aging (AAA) through its Family Caregiver Support Program for cross-referrals and co-outreach, training and education;
5. Providing training and assistance to AAAs and the community-at-large to increase capacity to assist persons with dementia and their families;
6. Enhancing partnerships with and among the various entities serving persons with Alzheimer's disease and assisting their caregivers; and
7. Assisting to implement the Dementia Capable State Plan spearheaded by DAAS in collaboration with identified partners.

### **Working with Family Caregivers of People with Memory Disorders: A North Carolina Information and Assistance Toolkit**

For all aging and social services staff with one section of materials to distribute directly to families. This dementia-specific toolkit for information/referral or Helpline staff has 3 sections:

- 1) Basics about memory disorders
- 2) Telephone counseling and referral strategies for aging network staff, and
- 3) Single-sheet handouts to copy for family caregivers on using services and responding to the person with dementia from diagnosis through terminal care.

(Steps to Success and NIA Caregiver Guide are included in package.)

[http://www.ncdhhs.gov/aging/ad/Duke\\_IA\\_Toolkit.pdf](http://www.ncdhhs.gov/aging/ad/Duke_IA_Toolkit.pdf)

### **Adult Day Care Programs**

Adult day care provides an organized program of services during the day in a community group setting for the purpose of supporting the personal independence of older adults and promoting their social, physical, and emotional well-being. Programs must offer a variety of activities designed to meet the individual needs and interests of the participants, including referral to and assistance in using other community resources. Also included in the service, when supported by funding from the Division of Aging and Adult Services, are medical examinations required for individual participants for admission to day care services and thereafter when not otherwise available without cost. Food and services to provide a nutritional meal and snacks, as appropriate are also expected.

Listing of NC Adult Day Care Programs:

[http://www.ncdhhs.gov/aging/services/adult\\_day\\_care.pdf](http://www.ncdhhs.gov/aging/services/adult_day_care.pdf)

### **Adult Day Health Programs**

Adult day health services are similar programs to adult day care in that they provide an organized program of services during the day in a community group setting to support the personal independence of older adults and promote their social, physical, and emotional well-being. In addition, providers of adult day health services, as the name implies, offer health care services to meet the needs of individual participants. Programs must also offer referral to and assistance in using other community resources, and transportation to and from the program may be provided or arranged when needed and not otherwise available. Also included in the service, when supported by funding from the Division of Aging and Adult Services, are medical examinations required for individual participants for admission to day health care services and thereafter when not otherwise available without cost. Food and services to provide a nutritional meal and snacks as appropriate are expected as well.

Listing of Adult Day Health Programs:

[http://www.ncdhhs.gov/aging/services/adult\\_day\\_health.pdf](http://www.ncdhhs.gov/aging/services/adult_day_health.pdf)

### **Alzheimer's North Carolina**

Alzheimer's North Carolina, Inc. is dedicated to providing education, support and services to patients, their families, health care professionals and the general public while raising public awareness and funding for research for a cause(s), treatment, prevention and cure for Alzheimer's disease and related disorders. The organization serves 51 of North Carolina's counties (from the Triangle to the coast). It provides information and assistance, family support and community education programs. Through support groups, Helpline and networking with other nonprofits and local, state and federal agencies, additional information and care is provided. For more information, contact Alzheimers North Carolina, Inc. at 1-800-228-8738 or 919-832-3732.

<http://www.alznc.org/>

### **Black Mountain Neuro-Medical Treatment Center**

The Black Mountain Neuro-Medical Treatment Center is a state-sponsored facility (DHHS – Division of State Operated Healthcare Facilities) with a specialized dementia program located in Black Mountain, NC. The Center provides services and supports to individuals and families affected by lifelong disabilities and Alzheimer’s disease. Based on a person and family- centered philosophy, the Black Mountain Neuro-Medical Treatment Center is recognized for its excellence in care and treatment. In addition to direct services, the Center provides family and community education in support of effective partnerships to build community capacity.

<http://www.bmcnc.org/>

### **Duke Family Caregiver Resource Center**

Your source for help with Alzheimer's, memory disorders and elder care decisions. The Duke Family Support Program serves families and professionals concerned about or caring for persons with memory disorders in North Carolina, and Duke employees seeking help with elder care decisions.

#### **For ALL North Carolina Residents:**

- Free confidential personalized tips on caring for people with memory disorders for any NC resident.
- Free telephone help with care decisions or coping strategies for NC residents.
- Free current Alzheimer’s information packet for NC residents.
- Free subscription to [The Caregiver](#) newsletter (two issues a year) with research updates from the Bryan Alzheimer's Disease Research Center at Duke.
- Current research updates on memory disorders and options for participation in Alzheimer’s or family caregiver studies.
- Help in selecting and locating support groups, education programs, websites, books or training materials for family, volunteer, paraprofessional or professional care providers.  
The [Links / Resources](#) page has an annotated list of publications, training materials and ordering information.
- Free telephone help or mailed information on selecting and evaluating assisted living or nursing facility care.
- Free consultations to NC agencies providing services for persons with memory disorders or their family caregivers.

#### **For Residents in Central North Carolina:**

Project C.A.R.E. (Caregiver Alternatives to Running on Empty) offers ongoing family consulting services by telephone and email to caregivers of persons with Alzheimer’s and other types of dementia.

- Family consultation includes information and referral to local available supports and services, and consultation on how to care for or communicate with a person with Alzheimer’s or a related dementia.
- Family caregivers will be referred to entitlement or subsidized programs and community services, appropriate evidence-based or private programs, and the family consultant will connect the caregiver with potential informal social support networks.

Project C.A.R.E. family consultants also provide training and assistance to community organizations to increase capacity to assist persons with dementia and their families.

The goal of Project C.A.R.E. is to reduce caregiver stress and uncertainty so that people with dementia can remain at home as preferred. Project C.A.R.E. is administered through the NC DHHS Division of Aging and Adult Services.

Central NC counties: Alamance, Bladen, Caswell, Chatham, Cumberland, Davidson, Davie, Durham, Forsyth, Franklin, Granville, Guilford, Harnett, Hoke, Johnston, Lee, Montgomery, Moore, Orange,

Person, Randolph, Richmond, Robeson, Rockingham, Sampson, Scotland, Stokes, Surry, Vance, Wake, Warren, and Yadkin.

<http://www.geri.duke.edu/service/dfsp/index.htm>